

CURRICULUM PRESENTATO SOTTO FORMA DI DICHIARAZIONE SOSTITUTIVA DI CERTIFICAZIONE E ATTO DI NOTORIETA' (ai sensi degli artt. 46, 47 e 48 del D.P.R. 28/12/2000, n. 445)  
La sottoscritta Maria Letizia Urban nata a Udine (UD) il 18.11.1984  
DICHIARA SOTTO LA PROPRIA RESPONSABILITA':

## PERSONAL INFORMATION

Name **MARIA LETIZIA URBAN**  
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**marialetiziaurban@hotmail.it**  
ORCID **0000-0003-1334-9538**  
Medical registration number **14618**

## WORK EXPERIENCE

### 01 October 2025 – Present

Name and address of the employer **ASSISTANT PROFESSOR OF INTERNAL MEDICINE (RTT)**  
Department of Department of Medical, Surgical and Health Sciences, University of Trieste, Italy  
Type of business or sector University  
Occupation or position held ASSISTANT PROFESSOR OF INTERNAL MEDICINE (RTT)  
Main activities and responsibilities Research project: Management of adult patients affected by rare systemic diseases, transitional care and reproductive health

### 01 September 2022 – 24 September 2025

• Name and address of the employer **ASSISTANT PROFESSOR OF INTERNAL MEDICINE (RTDA)**  
Department of Experimental and Clinical Medicine, University of Florence, Italy  
• Type of business or sector University  
• Occupation or position held ASSISTANT PROFESSOR OF INTERNAL MEDICINE (RTDA)  
• Main activities and responsibilities Research project: Management of adult patients affected by inherited metabolic diseases and transitional care

### 01 October 2018 – 31 August 2022

• Name and address of the employer **RESEARCH AND CLINICAL FELLOW**  
Department of Experimental and Clinical Medicine, University of Florence, Italy  
• Type of business or sector University  
• Occupation or position held RESEARCH AND CLINICAL FELLOW  
• Main activities and responsibilities Research project: Study of thrombotic manifestations in patients with Eosinophilic Granulomatosis with Polyangiitis (EGPA)

### • 01 September 2022 – Present

• Name and address of the employer **HOSPITAL PHYSICIAN**  
Internal Interdisciplinary Medicine Unit, Azienda Ospedaliero-Universitaria Careggi, Florence Italy  
• Type of business or sector University Hospital  
• Occupation or position held HOSPITAL PHYSICIAN  
• Main activities and responsibilities Internal medicine ordinary ward, on call activities and out-patient clinic for systemic autoimmune diseases and inherited metabolic diseases

## EDUCATION AND TRAINING

01 November 2018 – 31 October 2021

• Name and type of organisation providing education and training **PhD in Clinical Pathophysiology of Aging and Nursing Sciences (Doctor Europaeus)**  
University of Florence  
• Principal subjects/occupational skills covered Modulation of gut Microbiota through nutritional interventions in Behçet's syndrome patients: the MAMBA Study

08 August 2013 – 09 August 2018

**Post-graduate Specialization** in Nephrology (50/50 magna cum laude)

- Name and type of organisation providing education and training
- Principal subjects/occupational skills covered
- 01 January 2004 – 21 October 2011
- Name and type of organisation providing education and training
- Principal subjects/occupational skills covered

University of Parma

Final Thesis: 'B cell subsets in IgG4-related diseases'

### Degree in Medicine and Surgery

University of Parma

Final Thesis: 'Hashimoto's thyroiditis in patients with idiopathic retroperitoneal fibrosis: evidence of a common autoimmune background'

## NATIONAL CERTIFICATION

National Scientific qualification as Associate professor in the Italian higher education system, in the call 2021/2023 (Ministerial Decree n. 553/2021 and 589/2021) for the disciplinary field of 06/B1 - Internal medicine (S.S.D. MEDS-05/A, ex MED/09)

## RESEARCH INTERESTS

Her research focuses on systemic rare diseases within the field of internal medicine, with a particular emphasis on systemic lupus erythematosus, systemic vasculitis (including Behçet's disease, chronic periaortitis, and IgG4-related diseases), and inherited metabolic diseases.

She is engaged in studies on:

Treat-to-target strategies for systemic autoimmune diseases

Innovative enzyme replacement therapies for inherited metabolic diseases

Role of the microbiome in systemic vasculitis

Management of pregnancy and transitional care in patients with autoimmune and metabolic rare diseases.

## TEACHING ACTIVITY

PROFESSOR OF INTERNAL MEDICINE– UNIVERSITY OF TRIESTE, ITALY (2025-ONGOING)

TEACHING ACTIVITIES ACROSS SPECIALIZATION SCHOOLS (INTERNAL MEDICINE, ALLERGY AND CLINICAL IMMUNOLOGY)

PROFESSOR OF INTERNAL MEDICINE AND MEDICAL SEMEIOTIC – UNIVERSITY OF FLORENCE, ITALY (2022–2025)

TEACHING ACTIVITIES ACROSS MEDICINE, NURSING, FOOD SCIENCES, TECHNICAL HEALTH PROFESSIONS – UNIVERSITY OF FLORENCE, ITALY (2022-20225)

TEACHING ACTIVITIES ACROSS SPECIALIZATION SCHOOLS (INTERNAL MEDICINE, NEPHROLOGY, NEUROLOGY),– UNIVERSITY OF FLORENCE, ITALY (2022-20225)

TEACHING ACTIVITIES AT 2<sup>ND</sup> LEVEL MASTERS AND PH.D. PROGRAM – UNIVERSITY OF FLORENCE, ITALY

## THIRD MISSION – TECHNOLOGY TRANSFER AND INNOVATION

**Entrepreneurship and innovation:** Co-founder of *CICERO – Clinical Research Support*, a business idea admitted to pre-incubation as a University of Florence spin-off (2023–ongoing).

**Doctor–patient engagement:** Regular speaker at national patient association meetings (e.g., APACS, AMA) on autoimmune and rare diseases, pregnancy, and treatment adherence.

**Public engagement:** Co-coordinator of the adult patient area in *MetabERN Italy*; author of dissemination works (e.g., *Toscana Medica*, ARS publication on gender health, 2023); invited speaker at regional and national meetings on rare diseases and transitional care.

**Life sciences and health:** Active participation in clinical trials (industry-sponsored and academic) on systemic rare diseases; member of the steering committee for national guidelines on reproductive health in systemic rheumatic diseases (Italian Society of Rheumatology).

**Environmental health:** Contributor to studies on occupational and environmental risk factors in autoimmune and fibro-inflammatory diseases (Behçet's syndrome, EGPA, idiopathic retroperitoneal fibrosis).

**Awards:** Winner of the *Rare Diseases Award – Co-creation category* (2022) with the project on transitional care models for young adult patients with rare chronic diseases.

## HONOURS AND AWARDS

Winner of the Rare Diseases Award – UNIAMO, Italy (2022)

Multiple grants and fellowships from European Lupus Society (SLEuro), Italian Lupus Patients Association, and others.

## SCIENTIFIC PRODUCTION

### Main bibliometric indicators

- Papers in English-language peer-reviewed journals (Pubmed 2012-2026): 91
- H-index (Scopus): 30
- H-index (Google Scholar): 33
- Number of citations (Scopus): 2419
- Number of citations (Google Scholar): 3219

## CLINICAL TRIALS AND STUDIES:

### GUIDELINES

Research responsibilities and principal investigator of studies and research projects in the field of rare systemic diseases.

Member of the steering committee for the update of the guidelines on “The reproductive health of patients affected by systemic rheumatic diseases” for the Italian Society of Rheumatology (SIR) (2022-2023)

### EDITORIAL ACTIVITY

#### Member of Editorial Board of:

Frontiers in Medicine, (IF 3.1, 5y IF 3.4, Q1)

Frontiers in Molecular Biosciences (IF 3.9, 5y IF 4.4, Q1)

Mediators of Inflammation (IF 4.529, 5y IF 6.601, Q2)

Frontiers in Obstetric and Pediatric Pharmacology (IF 4.4; 5y IF 5.0, Q1)

#### Guest Associate Editor for a Research Topic:

“New Insights into Pathophysiology and Management of Pregnancy in Systemic Autoimmune Diseases: Toward New Therapeutic Approaches”. Frontiers in Pharmacology section Obstetric and Pediatric Pharmacology (IF 4.4; 5 years IF 5.0; Q1)

“ANCA associated vasculitis treatment: outcomes and complications” Frontiers in Immunology, section Autoimmune and Autoinflammatory Disorders : Autoimmune Disorders (IF 5.7; 5 years IF 6.8; Q1)

## PERSONAL SKILLS AND COMPETENCES

MOTHER TONGUE  
OTHER LANGUAGES

### ITALIAN

### ENGLISH

Listening	Reading	Spoken Interaction	Spoken Production	Writing
C1	C1	B2	B2	C1

### FRENCH

Listening	Reading	Spoken Interaction	Spoken Production	Writing
B1	B1	B1	B1	B1

## SOCIAL SKILLS AND COMPETENCES

Strong interpersonal skills developed through continuous clinical practice with patients affected by rare systemic autoimmune and metabolic diseases.

Proven ability to work in multidisciplinary teams, collaborating with physicians, nurses, dietitians, and researchers both at national and international level.

Experience in mentoring and supervising medical students, residents, and PhD candidates, fostering professional growth and knowledge exchange.

Effective communication with patients and families, with particular focus on patient education, adherence to treatment, and shared decision-making in complex clinical scenarios.

Active participation in international research networks and scientific societies, enhancing cross-cultural collaboration and professional networking.

## TECHNICAL SKILLS AND COMPETENCES

- Bibliographic software: Zotero, EndNote
- International libraries/databases for scientific literature: MEDLINE, Embase, Cochrane Library
- Clinical trials registries: ClinicalTrials.gov

- Software for clinical research: RedCap registry, eCRF iMedidata, Veeva Vault, Firecrest, Labcorp (Xcellerate® Sponsor Portal), ClinicalInk, ALMAC, Q2 Quintiles Infosario, Study Team, ERT
- Microsoft Office (Word, Excel, Power Point)

## **OTHER SKILLS AND COMPETENCES**

### **NATIONAL AND INTERNATIONAL SCIENTIFIC COLLABORATIONS**

Active participation in national and international research networks in rheumatology, nephrology, and internal medicine, including Italian and European collaborative groups coordinated by leading experts. Research activities focus on systemic autoimmune diseases—particularly systemic lupus erythematosus, lupus nephritis, antiphospholipid syndrome, vasculitis (ANCA-associated vasculitis and EGPA), chronic fibro-inflammatory disorders, reproductive health in autoimmune diseases, and inherited metabolic diseases. Collaborations include SLEuro, the Italian Society of Rheumatology (SIR), GR2 Study Group, EUVAS, EESG, SIMMESN, and multidisciplinary biochemical research teams, with involvement in multicenter epidemiological, clinical, and translational studies aimed at improving disease understanding and therapeutic strategies.

### **MEMEBRSHIP AND AFFILIATIONS**

- Italian Society of Internal Medicine (Società Italiana di Medicina Interna, SIMI)
- Federation of Associations of Hospital Internal Medicine Directors (Federazione delle Associazioni dei Dirigenti Ospedalieri Internisti, FADOI)
- Italian Society of Rheumatology (Società Italiana di Reumatologia, SIR)
- Italian Society for the Study of Inherited Metabolic Diseases and Newborn Screening (Società Italiana per lo studio delle Malattie Metaboliche Ereditarie e lo Screening Neonatale, SIMMESN)
- Italian Society of Nephrology (Società Italiana di Nefrologia, SIN)
- European Vasculitis Study Group (EUVAS)
- European EGPA Study Group (EESG)
- European Lupus Society (SLEuro)
- Society for the Study of Inborn Errors of Metabolism (SSIEM)

DRIVING LICENCE(S)

B

Last updated 1<sup>st</sup> February 2026

